

Melbourne

Gourmet Safari

A vibrant cultural melting pot, Melbourne offers myriad different flavours, from Richmond's authentic Vietnamese fare to Carlton's 'Little Italy'. SBS Food Safari presenter, Maeve O'Meara, shares some top picks sampled on her Gourmet Safari tours.

MEZEDAKIA RESTAURANT Have a coffee with the politiko cake made by master baker, Odyssea. It's a luscious creamy cake with a base of almond meal topped with a rose-scented custard – I've never had anything like it and you don't find it in cake shops. *Lvl 1/*

above Oakleigh Markets, 15-18

LA LATTERIA Take home some of Giorgio Linguanti's soft Italian cheeses including just-stretched mozzarella, the sexy burrata which is like a cheese moneybag filled with shredded mozzarella and cream, and his diavoletti – little smoked cheeses with an olive inside. *La Latteria, 104 Elgin St, Carlton, (05) 9347 9009, lalatteria.com.au.*

LE PETIT GATEAU Try Pierrick Boyer's brownie and passionfruit chocolate gâteau. It's rich and decadent but worth every kilojoule! *458 Little Collins St, Melbourne,*

(05) 9944 8893, lepetitgateau.com.au.

ENOTECA SILENO Sample Enoteca Sileno's range of balsamic vinegars and olive oils and learn the differences between them. *920 Lygon St, Carlton North, (05) 9389 7000, enoteca.com.au.*

BAKER D. CHIRICO

Breathe in at Daniel Chirico's bakery, then try his tasty breads and legendary nougat. *149 Fitzroy St, St Kilda, (05) 9534 3777, bakerdchirico.com.au.*

KALIMERA SOUVLAKI ART Visit this pumping souvlaki heaven and try marinated pork cooked over charcoal and the best gyros in town. *41 Chester St, Oakleigh, (05) 9939 3912, kalimerasouvlakiart.com.au.*

400 GRADI Watch Johnny Di Francesco making pizza and taste the results from the wood-fired oven. *99 Lygon St, Brunswick East, (05) 9380 2320, 400gradi.com.au.*

Maeve O'Meara's Gourmet Safaris explore the global food cultures on our doorstep, with tours in Melbourne and Sydney, as well as tours to overseas destinations such as Vietnam, Italy and the Greek Islands. For more details, visit gourmetsafaris.com.au.

